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FRESHFARM Markets Newsletter

March 05, 2008

Market News

Sunday, March 9, 2008

ENVIRONMENTAL FILM FESTIVAL in our Nation's Capital is March 11-22, 2008. Independent filmmakers and long-time Dupont Market customers, Alice and Lincoln Day, will be at the screening of their film "Scarred Lands and Wounded Lives: The Environmental Footprint of War" to be shown on Tuesday, March 11 at the Carnegie Institution of Washington, Elihu Root Auditorium, 1530 P St, NW (Metro: Dupont Circle, Q St. exit). This event is FREE to all.

RESERVE NOW!

Our next "Farm to Fork" dinner with the Neighborhood Restaurant Group will be held on Tuesday, April 22 at Vermilion restaurant in downtown Alexandria, VA. Make your reservation by calling 703.684.9669.

WE NEED OFFICE SPACE: FRESHFARM Markets is looking for 800-1,000 square feet of office space to lease in the greater metro DC area and we want a location that is metro accessible. If you know of any space, send a note to Maddy Beckwith at info@freshfarmmarkets.org or give her a call at 202.362.8889. Thanks for your help!

Be well. Eat well.
See you at market!

DUPONT CIRCLE

Sundays, 10:00 am - 1:00 pm, 20th St, NW

Dupont Market is OPEN year 'round!
Market is OPEN rain, snow and shine!

WINTER MARKET hours are 10am to 1pm.

Even though our DC weather is very spring-like, our Dupont market hours continue to be 10AM to 1PM every Sunday through March.

We return to 9AM opening on April 6.

CHEF at MARKET NEWS:

Sunday, March 23 (Easter Sunday), Chef Christina Giallourakis of INSPIRE NUTRITION will be our featured "Chef at Market." This will be Christina's first market demo!

MARKET NEWS:

~ ANCHOR NURSERY is back at market with potted bulbs (tulips, paperwhites), cut flowers (lilies) and a selection of perennials (including camellias) that can be planted in your garden now. You can also order perennials, just ask Jim or Alice.

~ D&S Farm has fruit preserves and syrups, all made from fruit grown on the farm.

~ Virginia Lamb will have a full selection of lamb cuts as well as their tasty soups and stews.

~ Farmhouse Flowers & Plants will have a HUGE supply of lilies, plus potted plants (tulips, daffodils, paperwhites) to bring springtime into your home or office.

~ Next Step Produce is at market this week with a bounty of organically grown winter vegetables.

~ Seasonal FOODS--all grown, raised, caught or produced right here in our Chesapeake Bay watershed region-- at market include Apples, Arugula, Basil, Beets, Bok Choy, Broccoli, Cabbage, Carrots, Cider, Edible Pumpkins, Kale, Lettuce, Frisee, Mesclun Mix, Mint, Mushrooms, Onions, Parsley, Pears, Parsnips, Potatoes, Radishes, Spinach, Winter Squash, Sweet Potatoes, Swiss chard, Tat Soi, Turnips, Pasture-Raised Meats (buffalo, chicken, goat, lamb, pork), Eggs, Cheeses, Butter, Yogurt, Breads, Brownies, Cookies, Granola, sweet and savory Pastries, Fruit Pies, Honey, Preserves, Horseradish, Mustard, Bloody Mary Mix, seasonal Soups, Crabcakes, Oysters, Clams and so much more!!

Featured recipe

Butter-Braised Radishes

Words of the week

Sunshine is delicious,
rain is refreshing,
wind braces us up,
snow is exhilarating;
there is really no such thing
as bad weather,
only different kinds of
good weather.

~ *John Ruskin*

At market this week: Anchor Nursery, Atwaters, Black Rock Orchard, Blue Ridge Dairy, Bonaparte, Buster's Seafood, Cedarbrook Farm, Chris Marketplace, Cibola Farm, Creekside Farm, D&S Farm, Eco-Friendly Foods, Endless Summer Harvest, Farmhouse Flowers & Plants, FireFly Farm, Gardeners' Gourmet, Highfield Dairy, Mushroom Stand, Next Step Produce, Quaker Valley Orchard, The Farm at Sunnyside, Spring Valley Farm & Orchard, Smith Meadows Farm, Sunnyside Farm & Orchard, Toigo Orchards, Twin Springs Fruit Farm, Virginia Lamb, Waterview Foods

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